

# VIRTUAL PROGRAMS & ACTIVITIES



*Something for Everyone*

## NATURE'S CALLING

EXPLORE ANIMALS, NATIONAL  
PARKS AND MORE BELOW

SAN DIEGO ZOO  
ATLANTA ZOO PANDAS  
MONTEREY BAY AQUARIUM  
GEORGIA AQUARIUM  
PUPPY CAMS  
NATIONAL PARK TOURS  
ELLIS ISLAND  
COLONIAL WILLIAMSBURG

## ARTS, CRAFTS & COOKING

TAKE A RIDE ON THE ARTSY SIDE  
WITH THESE FUN PROJECTS YOU  
CAN MAKE AT HOME

TINY KITCHEN  
MCHARPER MANOR ART TUTORIAL  
FREE COLORING PAGES  
LUNCH DOODLES WITH MO  
DIY TOWEL ANIMALS  
WOW ART TUTORIALS  
BOB ROSS  
DIY CRAFTS

## MIND & BODY

SELF-CARE IS IMPORTANT! USE  
THESE LINKS FOR EXERCISE AND  
ACTIVITIES

UMW WALKING WEDNESDAYS  
UMW CAMPUS REC AT HOME  
DIGITAL YMCA CLASSES  
GUIDED MEDITATIONS  
DIGITAL LOCAL LIBRARY  
THERAPY ASSISTANCE ONLINE  
ONLINE MINDFULNESS CLASSES  
COREPOWER YOGA ONLINE

## ENTERTAINMENT & CONNECT

STAY CONNECTED WITH YOUR  
FRIENDS AND FAMILY FROM A  
DISTANCE

BROADWAY AT HOME  
NETFLIX PARTY  
MET OPERA STREAMING  
SPOTIFY WITH FRIENDS  
VIDEO CHAT WITH ZOOM  
VIRGINIA SYMPHONY  
FOLLOW SAE FOR WEEKLY  
TRIVIA, BINGO, NETFLIX  
PARTIES AND MORE!

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## VIRTUAL MUSEUMS, TOURS & TRAVEL

TRAVEL THE WORLD FROM THE COMFORT OF  
YOUR COUCH!

THE LOUVRE

ANNE FRANK HOUSE

DC NATIONAL MUSEUM OF NATURAL HISTORY

NATURAL HISTORY MUSEUM LONDON

NATIONAL MUSEUM OF MODERN AND CONTEMPORARY  
ART- KOREA

BRITISH MUSEUM

NATIONAL CONSTITUTION CENTER

WALK THE GREAT WALL OF CHINA

ACCESS MARS

VIRTUAL FIELD TRIPS AROUND THE WORLD

BUCKINGHAM PALACE

VISIT STONEHENGE

VIRTUAL WALT DISNEY WORLD

ASILIA AFRICA SAFARI