LOOKING FOR A GYM?

NEW MEMBER OPEN HOUSE

JANUARY 12, 2019 11AM - 3PM

UMW Fitness Center 2051 College Avenue, Fredericksburg, VA









Fitness Classes

Basketball Courts

Cardio & Strength Equipment

6-Lane Indoor Pool

Community Memberships start at \$40

Stop by for a facility tour to see if the UMW Fitness Center is where you want to work on your 2019 fitness goals!

Please park in the Alvey Parking Deck, walk up the staircase on the right past the campus map, or take the accessible route to the left past Alvey Hall & walk up the hill to the front of the Fitness Center.

Website: www.students.umw.edu/campusrec

Registration: campusrec.umw.ed Offices: UMW Fitness Center

Phone: 540-654-1732





