Position Description
The Wellness Staff Member position is a part-time employment opportunity within the Division of Student Affairs that reports to the Assistant Director of Campus Recreation for Fitness and Wellness. The staff member is expected to contribute to the development, supervision, and evaluation of wellness programming for the Wellness Team in the Division of Student Affairs.

Position Responsibilities
The Wellness Staff Member will be responsible for support and program development for the Department of Campus Recreation, Counseling and Psychological Services (CAPS), Judicial Affairs, the University Health Center, Dining Services, and more. This role requires the staff member to be on-site for programming during evening and weekend hours.

- Serve as an ambassador for the Wellness Team and assist with implementation of wellness programs/events such as Mindfulness Week, Red Flag Campaign, Wellness Fair, Fear to Freedom, and etc.
- Provide direct outreach to students at various health fairs and via “tables” in campus community centers (i.e., dining halls, the nest, campus events, etc.)
- Fulfill office hours in the Fitness Center
- Establish relationships and potential campus speakers in UMW community
- Assist with department’s initiatives and duties based on the discretion of the Assistant Director

Minimum Requirements
- Enrollment in a degree program at the University of Mary Washington
- Minimum cumulative GPA of 2.00
- Enrolled in a minimum of 6 credit hours at the UMW
- Meet all satisfactory academic program requirements
  [http://adminfinance.umw.edu/financialaid/satisfactory-academic-progression-policy/](http://adminfinance.umw.edu/financialaid/satisfactory-academic-progression-policy/)
- Excellent interpersonal skills

Preferred Requirements
- Enrolled full time at the UMW
- Background in fitness, wellness, or related field
- Strong public speaking skills
- Experience in photography and design of marketing materials
- Website and social media management

Compensation
The Wellness Staff Member will receive the compensation of $7.25 an hour in exchange for approximately 10 hours of work per week.

Application Procedure
Candidates should submit the online application along with their resume, indicating they are applying for the Wellness Staff Member position and list of 3-4 references with contact information.