



Group Fitness Instructor

Position Description

The Group Fitness Instructor position is a part-time employment opportunity within the Division of Student Affairs that reports to the Assistant Director of Campus Recreation for Fitness and Wellness. The fitness instructor is expected to lead group fitness classes, ensure participants' safety, and provide excellent customer service to all the attendees.

Position Responsibilities

The Group Fitness Instructor will be responsible for delivering the best experience possible within the parameters of his/her classes. This role requires the instructor to hold a nationally recognized certification in their respective group fitness format.

- Deliver an outstanding experience during their group fitness class
- Uphold excellent patron service prior, during, and after each class
- Focus on educating patrons throughout all classes
- Monitor safety of all participants
- Encourage and motivate regular and new participants

Minimum Requirements

- Enrollment in a degree program at the University of Mary Washington
- Minimum cumulative GPA of 2.00
- Enrolled in a minimum of 6 credit hours at the UMW
- Meet all satisfactory academic program requirements
<http://adminfinance.umw.edu/financialaid/satisfactory-academic-progression-policy/>
- Maintain a current CPR, First Aid, and AED certification
- Primary Group Fitness Certification (ACE, AFAA, ACSM) or certification in specialized format (Yoga, Pilates, Zumba, Kickboxing, Step, Spin, Water Aerobics)

Preferred Requirements

- Enrolled full time at the UMW
- Prior experience in teaching group fitness classes
- Knowledge and awareness of general emergency procedures
- Ability to teach multiple group fitness formats
- Exceptional interpersonal skills

Compensation

The Group Fitness Instructor will receive the compensation of \$10.00 an hour. The instructor's weekly hours will vary depending on the set group fitness schedule.

Application Procedure

Candidates should submit the online application along with their resume, indicating they are applying for the Group Fitness Instructor position and list of 3-4 references with contact information.